Light up a Life ceremony dates...

You are invited to join us at our Illumination Ceremonies as we dedicate our Trees of Remembrance

- **The Hayloft Gallery, The PalaceStables Courtyard, Armagh**: Friday 26th November 2016 at 11.00am
- **Council Buildings Dungannon**: Friday 2nd December 2016 at 11.00am
- **Bannside Presbyterian Church Hall, Banbridge**: Thursday 1st December 2016 at 11.00am
- **Craigavon Civic Centre**: Tuesday 6th December at 12.00pm
- **Southern Area Hospice Services**: St John’s House, Newry Thursday 15th December at 7.30pm
Community Liaison Expertise at Southern Area Hospice

The role of the Community Liaison Sister is to provide a key link between Hospice and the Community. Our Community Liaison Sister Marieanne Barry has established a wide network of contacts to enable patients and their families to access Hospice Services. On a daily basis Marieanne liaises with the following people:

- Patients, their families and carers
- Hospital staff
- General Practitioners (GPs)
- Macmillan Nurses
- District Nurses
- Social Workers
- Other Community Health Care Professionals

Marieanne plays a vital role in the management of referrals to the hospice in-patient unit, ensuring an effective, efficient and appropriate use of beds in the unit. This involves prioritising admissions in a timely manner and liaising with all those concerned to ensure a seamless and sensitive approach to admission planning.

Our Liaison Sister also gives information on the following Hospice Services:

- Day Procedures
- Outpatients Clinics
- Domiciliary Visits
- Complementary Therapy Services
- Garment Fitting Services
- Benefit Advice Service

Marieanne speaks about her role saying:

“This is a challenging and demanding position which requires a high standard of knowledge and skill. An essential element of this role is the ability to communicate effectively with compassion and respect. People don’t care about how much you know, until they know how much you care. It is my job to allay any fears the patient and their family may have about Hospice care. It is therefore vitally important to ensure that all contact with myself is received with the professionalism, dignity and respect that underpins the core values of the Hospice Service”.

If you would like more information or to contact the Community Liaison Sister, please contact Marieanne Barry on (028) 302 67711.

Lymphoedema & Lipoedema Support Group

A support group has been set up to provide support for people living with Lymphoedema and Lipoedema. This group aims to help patients, carers, friends and family to understand the condition and find out more information about it. The group also welcomes volunteers who would like to give of their time or work with the group in any way.

This group provides an opportunity to meet and talk with people in a friendly atmosphere where Lymphoedema can be discussed and general advice and support offered to those who need it.

At present the group meets once a month on a Tuesday and rotates between the Southern Area Hospice Services main building in Newry and the Portadown Health Centre. For more information on how you can get involved or to attend this group, please contact Angela McCarroll on 07799 702 603.

Hospice Volunteers Celebrate 25 years with Prestigious Awards

The Confederation of Community Groups hosted the Patricia Graham “Shining Light” Community Volunteering Awards to recognise the hard work and efforts of volunteers locally in all aspects of volunteering. As a valued supporter, the Southern Area Hospice Services congratulate John Dalzell MBE who won the over 65 category. John has given 25 years’ service and selfless volunteering and was worthy of this recognition.

Each year, John sits out on Hill Street, Newry for 10 days before Christmas to raise funds for the Southern Area Hospice and this year will mark his 25th consecutive year. To date John has raised an incredible £1.3 million for the Hospice and this year will mark his 25th consecutive year.

Volunteer contact Rosie or Andrea on (028) 302 67711.

For more information on how to become a Hospice Volunteer contact Rosie or Andrea on (028) 302 67711.

Southern Area Hospice Services are always looking for volunteers to assist with a number of duties. For more information on how to become a volunteer contact Rosie or Andrea on (028) 302 67711.
**Hospice Bereavement Support Group**

This autumn sees the start of the Bereavement Support Group’s new programme which takes place weekly in St John’s House Newry. The programme involves a series of meetings and will offer an opportunity for participants to share and discuss difficulties and issues related to the loss of a loved one. Participants may attend some or all of the sessions. The group is open to anyone who has been bereaved due to a cancer, MS or MND related death. The aim of these sessions is to help make the bereavement journey less painful by sharing thoughts and feelings and helping participants to understand the bereavement process. Please contact Fiona Robinson on 028 3025 1333.

**Newry Bereavement Walking Group**

Join the Southern Area Hospice Bereavement Walking Group in Newry this winter. The group will be holding walks on the first Tuesday of each month at 11am. This facilitated walk aims to help bereaved people to combat loneliness and provides the opportunity to meet with other bereaved people in an informal setting providing peer support. The group also provides bereaved people with the opportunity to get some regular exercise and fresh air, which is of course very good for general well-being and for mental and physical health. For further information, or for joining arrangements contact Emily Murray on 028 302 67711.

**Dungannon Bereavement Walking Group**

The Hospice Bereavement Walking Group in Dungannon is inviting new members to join them on their facilitated walks which take place twice monthly on the first and third Thursdays each month at 2.30pm in alternating venues in Dungannon. The idea behind the group is that for some people, it is easier to talk about how they are feeling while they are walking as opposed to sitting down face to face. The group has been running for some time now and helps people to deal with loneliness in a safe environment, surrounded by people who understand what they are going through. For further information, or for joining arrangements for the next walk contact Fiona Robinson on 028 302 67711.

**Midnight Memory Walk**

The Annual Midnight Memory Walk took place on Saturday 1st October 2016. The event was a fantastic fundraiser for our local Hospice with over 500 walkers in attendance remembering their loved ones. Southern Area Hospice Services would like to thank all those who took part in the walk. We would also like to thank the Kelly family who helped us launch the event, our headline sponsor Kelly Bros Warrenpoint, Kilometre marker sponsors, Courtney’s Newry for the refreshments and Kathy Colgan and choir from Sheridan Stage School. We would also like to thank our volunteers who assisted with the walk and to St. Colman’s College who kindly hosted the event.
The Skip Car Tour Raises over £50,000 for Local Hospice

We cannot thank the Skip Car Tour committee enough and everyone who was involved in this fantastic fundraising effort which has raised over £100,000 – and still counting – for our Hospice and Marie Curie. The group have tirelessly fundraised throughout the year with an impressive record of events from a truck run to their very own Jailbreak challenge! Congratulations to everyone who was involved in this fantastic fundraising effort.

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WE NEED CORPORATE PARTNERSHIPS FOR 2017

One in three people in the UK are touched by hospice care. It could be your mum, your grandad, or your friend, it could be you. Here are three reasons why we believe your company should choose to support the Southern Area Hospice.

1. You'll be helping local people and their families
2. You can do something different - We can organise bespoke adventures for our corporate partners, bring teams together from across a business, organise volunteering days etc.
3. We can work together - We are really proud to be working with companies this year such as BE Aerospace, Ann's Homecare and MJM Marine.

MJM Announces New Charity Partner - Southern Area Hospice Services

Pictured at the launch of the Charity of the Year Partnership are; Stephen Cunningham, Marketing Executive, MJM, Elizabeth O'Connor, Group Head of Human Resources and Legal Services, MJM, Majella Gollogly Fundraising Manager SAHS and Siobhan McArdle Assistant Fundraising Manager SAHS.

MJM has announced that its Charity Partner for the next 12 months will be the Southern Area Hospice Services. The MJM Group is a leading international specialist in refurbishment and interior fit-out service, offering comprehensive and turnkey solutions to clients in the marine, commercial and private sectors. MJM employees will spend the next year raising money in a number of different ways for the Hospice.

A company spokesperson said, "We, as a company, are delighted to have Southern Area Hospice Services as our charity of the year. They carry out invaluable work and provide an excellent service within our community. We look forward to contributing in any way we can and hope that, in so doing, MJM can make a difference to the local community."

Majella Gollogly Fundraising Manager at the Hospice said "We are thrilled that MJM chose us as their new Charity Partner. The Southern Area Hospice annually cares for over 1000 patients and their families. Partnering with MJM will help us to continue to provide the level of care to local patients and their families at a time when they need it most."
**Regional News**

**Strictly Goes Country 2016**

Tickets are now on sale for ‘Strictly Goes Country’ which will take place on Saturday 26th November 2016 in the Armagh City Hotel and will be compared by Malachi Cush. The dancers will be taking the stage to line-dance, huckle-buck and jive the night away all to the beat of country music in a bid to impress the audience and the judging panel, who will be placing their votes to determine who the winning couple will be. Following the results, the audience will be able to dance the night away themselves in the Fringe Lounge. Promises to be a great night!

Tickets (£15 each) are on sale online at www.armagcityhotel.com or from Armagh City Hotel reception. Southern Area Hospice Services reception (Courtsey Hill, Newry) and from the participating dancers or by contacting Anne on 028 30 251 133.

**Banbridge, Lurgan, Portadown**

An evening of beauty and support for Southern Area Hospice Services

**Banbridge Bathroom Centre Host Coffee Morning**

Many thanks to the staff and customers of Banbridge Bathroom Centre who raised the fantastic sum of £1,050 at their coffee morning back in April. Thanks for your continued support folks!

**Anniversary Celebrations**

Grady’s and David Weir of Blanehim Drive, Richhill recently celebrated a special wedding anniversary and kindly donated £500 in lieu of gifts to the Southern Area Hospice.

**Coffee Morning in Memory of Fr Martin Mc Alinden**

Sheila Malley and her daughter Deive Marron present Southern Area Hospice Services with a cheque for £1,025. Sheila held a coffee morning in memory of Fr Martin Mc Alinden in her home on Wednesday 24th August.

**ST Peters GAC Lurgan Annual ‘Gavin’s Day’**

Dermot Devlin, from ST Peters GAC Lurgan presents Regional Marketing Officer Lisa Hamill with a cheque for £1,645 from their annual ‘Gavin’s Day’ which took place on Sunday 29th May.

**Southern Area Hospice Services Coffee Mornings**

Coffee Mornings 2016 are well underway throughout our local areas and it is not too late to sign up! If you would like to host a Coffee Morning on any date you wish, please contact Lisa Hamill on 028 30 251 333 or email hamill@southernareahospiceservices.org.

**Florence Moorehead Celebrates 90th Birthday**

Florence Moorehead and her son Evans Hunniford present a cheque for £400 to Southern Area Hospice Services. Florence recently celebrated her 90th birthday and received donations for SAHS in lieu of presents. Regional Marketing Officer Lisa Hamill expressed her thanks for Florence and her family and friends for their kindness and generosity.

**Church of Ireland Hospice Sunday Collection**

Lisa Hamill (2nd from left), Regional Marketing Officer of the Southern Area Hospice, receives a cheque for £16,319.20 from the Church of Ireland Diocese of Armagh. Presenting the cheque on behalf of the Diocese are from left, Revd Matthew Hagan (Hospice Co Ordinator); Lisa Hamill of Southern Area Hospice Most Revd Richard Clarke, Archbishop of Armagh and Mrs June Leighton, Armagh Diocesan Secretary. This fantastic sum of money was raised through the Church of Ireland’s ‘Hospice Sunday’ initiative which benefits all local Hospices and helps fund their vital care.

**Mourny and Mourne News**

**Mourny Support Group Thank You Night**

Thank you for 30 years of service for Bessie Chambers and Margaretta McCullia from Kilkeel who fundraise through Mourny Support Group and help them to continue to do their brilliant work.

**Bessbrook Threshing Day**

On September 10th, the Bessbrook Distinct Vintage Tractor Club held their annual ‘Threshing Day in Olden Days’ which included a selection of machinery and old farming equipment on show. It was a great day and well attended. Well done to the boys on their continued superb work.

**Church Collections**

Coming up in October/November throughout the district!

**Skydive**

This year the Skydive event was a great success with 2 groups of 20 jumping on separate days! 40 brave fundraisers took to the sky whilst raising much needed funds for Southern Area Hospice Services.

**Blues on the Bay 2016**

Van the Man returned again for his annual concert for SAHS. The International Blues Guitarist unsurprisingly went fantastic and was a great success. Thank you to Ian Sands and all that made the event happen.

**Donard Day 2016**

Thank you to all those who braved the weather for our Annual Donard Day to raise much needed funds for Southern Area Hospice. There was a great turnout on the day and we have raised a fantastic amount of money from all participants who took part in the climb.

**Row the Bann**

Picture are the family and friends of the late Duncan McClafferty presenting a cheque for an astonishing £5108.50. This money was raised through a charity ‘Row the Bann’ from Portadown to Portstewart and a charity night in the Seagoe Hotel Portadown. The family wished to extend their thanks to all who sponsored, shopkeepers of Portadown, Henderson Retail Ltd, PG Bryanstown Rd and Clayton Moore of M&W Farm Meats and everyone who helped in any way to raise such a fantastic amount.

**Olden Days and Olden Ways**

Marie & Joe Roden Kilkeel and their organisation continue raising funds for the Southern Area Hospice Services and are pictured handing over a further cheque for £800 raised through their involvement in local festivals, group talks, schools, donations from slimming world members and other individual donations. Joe and Marie are great hospice ambassadors and are very grateful to all who support their organisation and have raised a total of £76’000 to date. If you would like to avail of Joe’s services, please see card attached.

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**Armagh and Dungannon News**

**Dignity in Caring**

**Dr. Murty and Friends raise over £15,000 for Southern Area Hospice Services**

Dungannon GP, Dr. Murty and his team of supporters recently gathered at Orange Lodge Country House to present a cheque for a fantastic sum of £15,000 to Southern Area Hospice Services. The money was raised during 2015 when Dr. Murty organised various collections and fundraising events throughout the Dungannon area. Dr. Murty and his hard working team have been raising funds for Southern Area Hospice Services since 2005 and since then they have raised an enormous total of £183,402.06 for the Hospice. Our thanks are extended to Dr. Murty and his team for their ongoing support.

**Golf Day Helps Hospice**

Thank-you very much to The Masonic Order for their donation of £1,000 after selecting Southern Area Hospice Services as one of the charities to benefit from their Golf Day which took place recently at Killymoon golf Club.

**Mid-Summer Walk raises vital funds for Hospice**

SAHS would like to thank the Washington Rambling Group who organised a Mid-Summer Walk which took place on Friday 24th June 2016. The walk raised a fantastic total of £1776.43 which will help Southern Area Hospice to continue their work in the local area. Southern Area Hospice would like to extend thanks to the organisers, participants, volunteers and local businesses who supported the event in any way. Pictured making the presentation to Anne Mac Oscar of Southern Area Hospice Services are Elisha Gervin, Seánin Gervin and Pety Kennedy.

**Neville and Myrtle provide ongoing support**

Neville and Myrtle Pogue continue to run their stall at the Shambles Market in Armagh every Tuesday and Friday from 9am to 2pm in aid of Southern Area Hospice Services. Neville and Myrtle Pogue continue to run their stall at the Shambles Market in Armagh every Tuesday and Friday from 9am to 2pm in aid of Southern Area Hospice Services, stocking a wide range of gifts, mugs, books, crafts and much more. They also stock a range of Southern Area Hospice Christmas Cards. Why not go along and browse their fabulous stall? Southern Area Hospice Services would sincerely like to thank Neville and Myrtle for their continued support.

**Regional News**

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Sewing Bee visits Hospice Shop

Local lady and Great British Sewing Bee 2016 contestant Angeline Murphy made a visit to the Hospice Shop in Newry during September and selected some fantastic items to upcycle over the next few months. Angeline who is already a keen Hospice supporter and has taken part in marathons in aid of SAHS decided to take on this challenge to show fashionistas how creative you can be with some bargain items chosen from Southern Area Hospice Shops.

Fresh from filming her Great British Sewing Bee series which was aired on BBC Two this year, Angeline believes that everyone is capable of taking on an upcycling challenge with items from the Hospice Shop.

“I remember thinking ‘I need to learn how to sew garments’ when I watched the first episode of the first series,” she says.

“I had previously only turned up trousers and did simple things but I knew I wanted to challenge myself. I would literally sit and watch with a notepad and pen and jot down the techniques that I needed to learn. From then I decided to make my own bridesmaid dresses and my two best friends kindly agreed to wear one of my designs”.

Angeline is currently working on bespoke pieces for the Hospice Shop in Newry which will feature for sale in their window for the festive season. Check out the SAHS Shops page on Facebook to keep up to date with her upcycling journey so far with Southern Area Hospice Shops.

Hospice group walk 115kms along the Camino Way

Congratulations to the group who took part in the Camino de Santiago along the Portuguese route in August 2016. The group raised a fantastic £24,783 and the Southern Area Hospice would like to thank them for taking on this fantastic challenge!

£20,000 donated to local Hospice in memory of Fr Gerry McArdle

On the 5th December last in a packed to capacity Burren Social Club, local singer/songwriter Rose Brennan launched her 5 track CD “Hospice” at a concert in memory of the much loved Fr. Gerry McArdle. Since its release “Hospice” has received extensive airplay. It has struck a chord in so many hearts and has caused many people to share their experiences, both heart breaking and heart warming. Sales of the CD have exceeded all expectations, so much so, that on Friday 5th August, the Hospice received a cheque for £20,000. This money was raised from both CD sales and in lieu of flowers for Fr Gerry.

The CD can still be purchased and the group wish to raise much needed funds raised for this worthy cause. Priced at £10, it can be obtained from Rose via her website www.rosebrennan.co.uk or from the Southern Area Hospice, Newry. For more information contact Denise on 028 302 51333 or email doyled@southernareahospiceservices.com

Charity Walk up Sliève Donard

Two Donaghmore families – the Mahons and the Mullans, organised a charity walk up Sliève Donard on 4th June 2016 in memory of two family members who had passed away in 2015/2016 from Cancer. The McMahon family completed the walk in memory of their beloved mother, Ethna McMahon and helped raise more than £30,000 for Southern Area Hospice Services. Husband Aidan and children Sean, Liam, Brian and Marie decided that they wanted to give something back after their mother Ethna had been cared for at the Hospice in August 2015. With over 200 walkers on the day and the support from local businesses, school, sports clubs together with family and friends they raised this huge amount of money for their local Hospice.

The Mullan family who also lost their sister to cancer raised funds for Our Lady’s Hospice, Blackrock, Dublin. A specially engraved stone dedicated to commemorate Ethna, and Teresa Caffrey, was carefully placed with other memorabilia on a mound of rocks at the top of Sliève Donard – a tribute to two very special ladies.
Recent Events
Dignity in Caring

Dungannon Girl wins Hospice Citroen C1 Car Raffle

Congratulations to local Dungannon girl Lyndsay Hughes on winning a brand new Citroen C1 Car in the Southern Area Hospice Dungannon Car Raffle. Lyndsay received the keys of the lovely car from Chris Magee of Donnelly Group. Majella Gollogly Fundraising Manager at the Hospice, said "We are delighted that someone local has won the car, the money raised from this car raffle will help us to look after local patients and their families at a time when they most need it". SAHS operates a Daycare service in the South Tyrone Hospital, as well as a support centre in Irish Street In Dungannon, and a nurse in the Armagh / Dungannon area. The Hospice would like to thank all those who supported the car raffle, thanks especially to our volunteers who helped to sell the tickets, the venues, and the members of the Public who bought tickets. To date the car has raised just over £34,000!

E O’Hare’s Fashion Show

E O’Hare’s in Warrenpoint celebrated their 70th Anniversary in style by hosting a Fashion Show in aid of Southern Area Hospice. The night which was hosted by Frank Mitchell showcased the latest in Autumn and Winter Fashion and was modelled by professional models.

Autumn Walk visits Wild Atlantic Way

Some of the models pictured headwear and clothing items from local designers. Grainne Mulgrew and Anne MacOscar (Fundraising Team).

Show in aid of Southern Area Hospice. The night which was hosted by Frank Mitchell showcased the latest in Autumn and Winter Fashion and was modelled by professional models.

Irish News Ulster All-Stars 2016 Charity Partnership

This year’s Irish News Ulster All-Stars took place on Thursday 8th September in the Armagh City Hotel. This event not only recognised the sporting excellence of the province’s top players, but the Irish News made the decision to support the ongoing work of Hospice care in our community.

For the first time in the 22-year history of the awards, the Irish News linked up with Southern Area Hospice, Foyle Hospice and NI Hospice to support the Hospice in recognition of the outstanding level of care it provides for its patients during a most difficult time. We would like to wish them all the very best of luck.

We are delighted to announce the Southern Area Hospice Services Lottery Rollover. From Friday November 4th, you could have the chance to win up to £5000.

1st Prize £300
2nd Prize £200
3rd Prize £100
4th Prize Rollover up to £5000

If the rollover isn’t won, it will be rolled over by £200 each week until it’s won at the maximum amount of £5000. For more information on the Hospice Lottery, please contact Josephine on 028 3025 1333.

Play Today, Make A Difference Tomorrow

Big News - Lottery Relaunch

We are delighted to announce the Southern Area Hospice Services Lottery Rollover. From Friday November 4th, you could have the chance to win up to £5000.

1st Prize £300
2nd Prize £200
3rd Prize £100
4th Prize Rollover up to £5000

If the rollover isn’t won, it will be rolled over by £200 each week until it’s won at the maximum amount of £5000. For more information on the Hospice Lottery, please contact Josephine on 028 3025 1333.

We are indebted to The Rug House and Norbrook for their support of the Hospice Lottery Draw. If you would like to get your business involved and help your local Hospice, call Josephine on 028 3025 1333.

Norbrook show their support for the Hospice

Since July, staff at Norbrook Laboratories have raised over £900 and counting for the Hospice Lottery. Pictured are staff members Anita Lavelle and Gerry Mc Anuff. Norbrook has been very supportive towards the lottery with 45 members joining so far.

Trainor Brothers Open Day Success

Thank you to Trainor Bros Spar in Poyntzpass who raised £1,535.55 at their open day on August 13th. We would like to wish them every success in their new store.

Thank you to Trainor Bros Spar in Poyntzpass who raised £1,535.55 at their open day on August 13th. For information on anything regarding our Lottery or to sign up, call Josephine on 028 3025 1333 or email keenanj@southernareahospiceservices.org.

Can you give a helping hand?

Help support the Hospice by becoming a lottery collector. Whether you collect from 5 people or 50 people, every penny makes a difference and helps us towards our target of £2.42 million for 2016. For more info, contact Josephine on 028 3025 1333.

E O’Hare’s in Warrenpoint celebrated their 70th Anniversary in style by hosting a Fashion Show in aid of Southern Area Hospice. The night which was hosted by Frank Mitchell showcased the latest in Autumn and Winter Fashion and was modelled by professional models.

Play Today, Make A Difference Tomorrow

The Rug House roll out the red carpet for SAHS Lottery

The Rug House are the first business to come on-board and support the Hospice Lottery with management and staff signing up to play the lottery each week. Paul Vallely said “We decided to support the Hospice in recognition of the outstanding level of care it provides for its patients during a most difficult time. As a company, we have always been keen supporters of the Hospice and, having experienced first-hand with a family member of our own in recent times, it just underlined for us the wonderful work everyone at the Hospice does”.

We would like to thank the Irish News and its readers for supporting this event and for their kind donation towards their local Hospice.
Give a gift that keeps on giving
Whether it’s for wedding favours, a birthday, anniversary, a simple thank you in the run up to Christmas, finding that perfect gift is often difficult and time consuming for us all – but we have the answer. Our Hospice Lottery Gift includes a personalised card tailored for any occasion, a unique lottery number which will be entered into the draw every week and a personal message from you. Our wedding favours include an individual lottery ticket for each wedding guest. Not only will you know that on your special day, you’re helping those who need it most, but you’re also giving something back to your guests by giving them the chance of winning one of our cash prizes.

Give a gift that keeps on giving. To purchase yours, call Josephine at the Fundraising Office.

Make a Will today...
A small mention in your Will could make a big difference to Southern Area Hospice Services.

If you wish to leave a legacy to the Hospice, big or small, you can be assured that every penny will be put to good use. Legacies help us ensure that we can continue to be there for our patients and their families to help them come to terms with their illness and live as fulfilling a life as possible, for as long as possible.

Whether you have a personal connection with the Hospice or just want to support those with a life-limiting illness in the local area, by mentioning Southern Area Hospice in your Will, your legacy can live on.

Follow us on Social Media to keep up to date with all our events
Upcoming Events
Dignity in Caring

Events Diary

**Monday 24th October**
Monday 19th December – Christmas Draw

**Saturday 5th November**
Mini Car Raffle Buttercrane Shopping Centre

**Sunday 6th November** – New York Marathon

**Thursday 10th November**
Bling Bingo in the Canal Court Hotel

**Saturday 19th November**
Lissummon GFC does Strictly in the Carrickdale Hotel

**Sunday 20th November**
Edendork Car Boot Sale

**Friday 25th November**
Armagh Lights Ceremony, Palace Stables

**Saturday 26th November**
Strictly Goes Country, Armagh City Hotel

**Thursday 1st December**
Banbridge Lights Ceremony, Bannside Presbyterian Church Hall

**Friday 2nd December**
Dungannon Lights Ceremony, Council Buildings

**Tuesday 6th December**
Craigavon Lights Ceremony, Civic Centre

**Friday 9th – Sunday 11th December**
12 Marathons of Christmas

**Thursday 15th December**
Newry Lights Ceremony

**Saturday 17th – Saturday 24th December**
25th Annual John Dalzell Sit-Out
5th – 15th October 2017
India Dalai Lama Trek

Merry Christmas and thank you to our wonderful supporters from all the staff at Southern Area Hospice Services’